



**ONTARIO
PSYCHOLOGICAL
ASSOCIATION**

OPA WORKSHOP

FIRST RESPONDER MENTAL HEALTH

CULTURAL COMPETENCY for CLINICIANS

Thursday May 18, 2017

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WELLNESS UNIT DEVELOPMENT for FIRST RESPONDER SERVICES

Friday May 19, 2017

Metro Toronto Convention Centre

222 Bremner Blvd, Toronto, ON M5V 3L9

Thursday May 18, 2017 Cultural Competency for Clinicians Working with First Responders

Agenda

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|------------------------|---|
| 8:00am-8:30am | Registration |
| 8:30am-8:45am | Welcome
Dr. Jane Storrie, Consultant Psychologist, Halton Regional Police Service |
| 8:45am-10:15am | <i>Fire</i>
Chief John Hay, Thunder Bay Fire Rescue
Cary Stather, Fire Fighter, Peer Support Team, Toronto Fire Services
Carl Waggett, Fire Fighter, Cambridge Fire |
| 10:15am-10:30am | BREAK |
| 10:30am-12:00pm | <i>Paramedicine</i>
Chief Bruce Krauter, Essex-Windsor EMS
Chris Hood, President, Paramedic Association of Canada
Kaleigh O'Brien, Advanced Care Paramedic/Paramedic Association of Canada |
| 12:00pm-1:00pm | LUNCH
Keynote Address
Chief Ross Nichols, Ontario Fire Marshall/Emergency Management Ontario
<i>Caring for your people – Now is the time</i> |

1:00pm-2:30pm *Police*
Staff Sgt. Sue Biggs, Manager, Occupational Wellness Unit, Halton Regional Police Service
Detective Paul Martin, London Police Service
Sgt. John Doran, Organizational Wellness Unit, Peel Regional Police

2:30pm-2:45pm BREAK

2:45pm-3:45pm *Corrections*
John Bredin, Parole Officer, Ontario Regional CCISM Trainer Correctional Services Canada
Monte Vieselmeyer, Chair Corrections Division, OPSEU, Ontario Ministry of Community Safety and Correctional Services

3:45pm-4:15pm Panel Q & A (Moderated by Dr. Lori Gray)

4:15pm-4:30pm Closing Remarks: Dr. Jane Storrie

4:30pm-6:30pm Reception and Networking

Friday May 19, 2017 Wellness Unit Development for First Responder Services

Agenda

8:00am-8:30am Registration

8:30am-8:45am Welcome
Dr. Lori Gray, Psychologist

8:45am-10:15am *Planning Stages*
Superintendent Jeff Hill, Staff Sgt. Sue Biggs, Manager, Organization Wellness Unit, Zoe Vulic, Manager, Employee Health, Safety and Wellness, Halton Regional Police Service

- Research and Data Analysis
- Support of Management
- Role of Human Resources
- Confidentiality and Credibility
- Costing

10:15am-10:30am BREAK

10:30am-12:00pm *Planning Stages*
Superintendent Hill, Staff Sgt. Biggs

- Staffing/Role of Psychologists
- Space Requirements and Location

- Developing a Business Case
- Securing Funding
- Roll-Out
- Quality Assurance/Data Collection and Analysis

12:00pm-1:00pm

LUNCH

Keynote Address

Dr. Lori Gray, Psychologist

Building Prevention Programs in the Emergency Services

1:00pm-2:30pm

Program Development

- Education (Staff Sgt. Biggs)
- Prevention/Safeguard (Sgt. Beth Milliard, Peer Support Unit, York Regional Police)
- Triage (Dr. Jane Storrie)

2:30pm-2:45pm

BREAK

2:45pm-3:45pm

Program Development

- Intervention/Critical Incident Response (Dr. Jane Storrie)
- Peer Support/York Beyond the Blue (Sgt. Beth Milliard)

3:45pm-4:10pm

Panel Q & A (Moderated by Dr. Jane Storrie)

4:10pm-4:15pm

Closing Remarks: Dr. Lori Gray