

Dr. Shelley McMMain and Dr. Shari Geller of the Centre for MindBody Health (CMBH), are currently recruiting for two new Psychological Associates. We are seeking individuals who are registered or eligible to register with the College of Psychologists of Ontario.

CMBH is a clinical and training community that offers evidence-based services to adolescents, adults, couples and families who present with a broad range of mental health issues: borderline personality disorder, mood disorders, eating disorders, trauma, anxiety, addictions and relational difficulties. Our closely-knit team is trained in the provision of individual, couple and family therapies that are complimented by a range of groups: Dialectical Behaviour Therapy (DBT) skills, DBT Family and Friends Support, Mindfulness, and Mindful Self-Compassion (MSC). Our services create safety and support for healing, thriving and growth while our professional trainings/workshops foster excellence in clinical education for the professional community.

Our clinical team is comprised of multi-disciplinary professionals who are inspired by research and treatment excellence. We specialize in Dialectical Behaviour Therapy (DBT) and Emotion Focused Therapy (EFT), and offer other specialized approaches such as Cognitive Behaviour Therapy, and Therapeutic Rhythm and Mindfulness (TRM). Individual and group supervision is provided by Drs. McMMain and Geller. Dr. McMMain has advanced training in DBT, is certified by the Linehan Board of Certification and regularly trains in DBT both national and internationally. Dr. Geller is an author, educator, and international trainer in the foundational approach of therapeutic presence. She is also an EFT therapist, trainer and supervisor, as well as a mindful self-compassion teacher. Clinical supervision regularly includes audio and video review of therapy sessions. In-house training is provided by Drs. McMMain and Geller on a regular basis.

Associates participate in a range of training opportunities provided by CMBH and other DBT and EFT experts. The clinical team meets regularly to support each other's well-being and clinical development. This includes a bi-monthly sangha (community gathering) with our therapists to practice mindfulness together and strengthen group cohesion. Peer supervision/consultation groups for both DBT and EFT are also offered to support our team's clinical development.

The ideal candidate:

1. Is a registered Psychologist, Psychological Associate, or is under the supervision registry with the College of Psychologists of Ontario (CPO);
2. Has experience with Dialectical Behaviour Therapy and other cognitive behavioral therapies, and/or Emotion Focused Therapy and mindfulness-based approaches;

3. Has availability to work some evenings and weekends although daytime hours are also required.
4. Is interested in being part of a group practice and possesses strong interpersonal skills

Your application material should include a cover letter outlining your training and clinical experience, career interests, areas of competence, and goals for the next three years as well as your curriculum vitae.

Materials and questions can be submitted via email to [cmbh@cmbh.space](mailto:cmbh@cmbh.space) with the subject line "Psychological Associate". We are accepting applications until the positions are filled.