

Seeking Psychologist or Psychologist in Supervised Practice

CBT Niagara is a well-established private practice located in downtown St. Catharines in the heart of the beautiful Niagara Region. We are looking for a registered psychologist or psychologist in supervised practice to join our practice. We provide psychological assessment and treatment services to clients with a wide range of presenting problems and concerns for adolescents and adults in the areas of clinical, health, rehabilitation, and counselling psychology. Please note that supervision for couple, child, and seniors is not provided.

We are seeking a part-time or full-time psychologist who predominantly provides cognitive behavioural therapy, as well as cognitive processing therapy, dialectical behavioural therapy, acceptance and commitment therapy. Experience in motivational interviewing and/or mindfulness is also welcome.

We offer a supportive and collegial work environment, excellent flexibility with respect to working days and hours, and support with testing resources and administration. We provide regular team meetings, educational workshops, and opportunities to supervise (where possible). We are committed to supporting our clinicians' work-life balance. We offer strong support and mentorship for individuals in supervised practice.

Requirements:

- Registration as an Autonomous Practice Psychologist, Supervised Practice Psychologist, or Psychological Associate with the College of Psychologists of Ontario
- Strong background in cognitive behavioural therapy
- Significant experience providing individual and group psychological treatment for a wide range of psychological disorders, coping with chronic health conditions, and/or rehabilitation-focused treatment
- Expertise in conducting assessments with regards to diagnosis, functional abilities, and treatment needs
- Strong ability to recognize and navigate ethical dilemmas and legal issues
- Excellent oral and written communication skills
- Strong organizational and professional skills
- Competency working with adults or adolescents; autonomous psychologists/psychological associates with competency in working with couples, seniors, and/or children are encouraged to apply

Assets:

- Experience in treating post-traumatic stress disorder and other trauma-related concerns
- Interest and/or expertise working with military veterans and/or emergency first responders
- Expertise/training in working with diverse populations, including First Nations, LGBTQ2+, and individuals from a range of cultural backgrounds

Please feel free to contact us should you have any questions at 905-988-1797 or admin@cbtniagara.com. Detailed information about our practice is available on our website at www.cbtniagara.com.

Interested individuals should contact CBT Niagara with a cover letter and CV at admin@cbtniagara.com or fax their information to 905-988-1799.