



### **OPA statement of support of Black Lives Matter movement**

The Ontario Psychological Association strongly denounces anti-black racism, racism of any kind, discrimination and hatred as it causes considerable mental harm. It is not acceptable to stay silent and we stand in support of working with all individuals to heal the harm.

As an organization, the Ontario Psychological Association is committed to supporting equality, inclusion and celebrating diversity. No person should feel threatened, bullied or secluded because of their color, nationality or religious beliefs. We have a responsibility to listen, educate ourselves, engage in conversations and most importantly stand up when we witness unacceptable racist behavior and acts of violence.

This link provides a number of helpful articles, videos and books that address racism for parents, people and psychologists.

[https://docs.google.com/document/d/1BRIF2\\_zhNe86SGqHa6-VIBO-QqirlTwCTugSfKie5Fs/mobilebasic](https://docs.google.com/document/d/1BRIF2_zhNe86SGqHa6-VIBO-QqirlTwCTugSfKie5Fs/mobilebasic)