

	A	B	C	D	E	F	G	H
1	<b>ONTARIO PROFESSIONAL COMPARISON CHART</b>							
2		<b>PSYCHOLOGIST</b>	<b>PSYCHIATRIST</b>	<b>FAMILY PHYSICIAN</b>	<b>NURSE PRACTITIONER</b>	<b>SOCIAL WORKER</b>	<b>REGISTERED PSYCHOTHERAPIST</b>	<b>OCCUPATIONAL THERAPIST</b>
3	<b>REGULATORY BODY</b>	College of Psychologists of Ontario	Royal College of Physicians and Surgeons of Canada	College of Family Physicians of Canada	College of Nurses of Ontario	Ontario College of Social Workers and Social Service Workers ; Adhere to a code of conduct	College of Registered Psychotherapists of Ontario	College of Occupational Therapists of Ontario (COTO)
4	<b>Degree</b>	Doctorate (Ph.D., Psy.D.). Masters for psychological associates and some psychologists permitted to register in other provinces.	MD - Doctor of Medicine	MD - Doctor of Medicine	MSc - Primary Health Care Nurse Practitioner	BSW - Bachelors in Social Work or MSW - Masters in Social Work	Completion of graduate level psychotherapy program either independent psychotherapy programs that require an undergraduate degree OR a University masters program	MScOT - Masters of Science in Occupational Therapy
5	<b>Educational Requirements</b>	5-7 years Graduate Work. 3 year long Practicums and 1 year residency.	3-4 years of medical school plus residency in psychiatry	3-4 years of medical school plus residency in family medicine	2 year Master's program which includes courses as well as 728 clinical practice hours in the primary health care NP program and 800 clinical hours in the Paediatric or Adult NP program	Bachelors in Social Work - 4 year program (training in therapy is one aspect of overall training) Masters in Social Work - 1 year intensive post BSW or 2 year program - with further practicums that are 6 weeks to 3 months in duration	Course work and Clinical work can vary - but must be completed within 1 year prior to application 750 "currency hours" completed within 3 years - this includes a wide range of activities from direct clinical treatment, supervision hours, professional development and other areas.	2 years post undergraduate BA or BSc (1-2 courses offer mental health specific content) A minimum of 1,000 hours of supervised fieldwork (on-the-job training, psychotherapy not required) or clinical practicum (observation and experience)
6	<b>Competency</b>	Five Core Competencies usually adhered to from beginning of graduate school through to licensing - 1. Interpersonal Relationships 2. Assessment & Evaluation 3. Intervention and Consultation 4. Research 5. Ethics & Standards Requires 3 levels of testing (EPPP, JEE, oral exam, 1 year of post doctoral supervised practice under a licensed psychologist).	Able to demonstrate basic interviewing, problem formulation, and treatment. Able to demonstrate working knowledge enhanced by a developmental, cultural, and lifespan perspective, allowing detailed interviewing and biopsychosocial problem formulation with capacity to teach, consult, assess, and manage referrals. Can prescribe medications.	Physicians will recognize the signs and symptoms of basic mental health conditions most common to their specialty practice. Physicians will undertake mental health screening where applicable. Recognizing the limits of their expertise, physicians will seek appropriate consultation from other health professionals. Can prescribe medications.	NPs are authorized to: Complete a comprehensive health history and assessment; Formulate and communicate a diagnosis, taking a differential diagnosis into consideration; Prescribe all medications including controlled drugs and substances; Dispense, sell, and compound medications; Set and cast fractures and dislocated joints; Order and interpret all laboratory tests; Admit, treat and discharge patients from hospitals; and Order some diagnostic imaging tests (CNO, 2016).	To date none of these documents include any specifics on Standards for competency attainment in the practice of psychotherapy as a Social Worker: 1. Practice Guidelines for Performing the Controlled Act of Psychotherapy 2. Code of Ethics and Standards of Practice Handbook, Second Edition, 2008 3. Supporting Practice Notes	Not limited to specific degrees or course work but is evaluated for its fit within a Competency Profile for Registry : Foundations, Collegial & Interprofessional Relationships; Professional Responsibilities, Therapeutic Process , Professional Literature and Applied Research	OT standards for psychotherapy: Occupational therapists will ensure they have adequate knowledge, training, skills, attitudes, abilities and judgement to perform this intervention safely, ethically and effectively - trainings, conferences and course work. This is not standardized at this time as to the number or intensity of training.
7	<b>Diagnosis</b>	YES	YES	YES	YES	NO	NO	NO