

Trauma-Focused Cognitive Behavioral Therapy:

Blending Theory with Innovative Techniques

Dates: May 24 & 25, 2018

Facilitator: Liana Lowenstein, MSW, RSW, CPT-S

Pre-requisites: Understanding of the impact of trauma on children, good child psychotherapy skills

This Training is Suitable for: Mental health clinicians

Description: Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT) is an empirically-supported psychotherapy model for treating traumatized children and adolescents. This two-day workshop will provide the theoretical framework of TF-CBT and will present creative interventions for each of the 8 treatment components of TF-CBT. Workshop participants will come away with a solid understanding of TF-CBT, strategies for working with hard-to-engage children and learn how to utilize TF-CBT to treat a range of childhood traumas including sexual abuse, domestic violence, traumatic grief, car accidents, natural disasters. This workshop will combine theoretical material with hands-on therapeutic interventions. Therapeutic games, art, stories and other innovative activities will be presented for use with traumatized children aged 4-16. Strategies for working with hard-to-engage children and parents will also be outlined.

For more information, or to register follow the link: <http://www.cvent.com/d/9tqqj9>
