

Bereaved Families of Ontario

Inspiring GRIEF & HEALING Support

- No one should have to grieve alone
- Inspiring Hope and Transformation
- People grieve in deeply personal ways
- Helping others based on our own loss, experiences and professional training
- Weekly & Monthly Drop-in, Closed Groups
- Workshops and Education • Library
- Funeral aftercare Peer to Peer support
- Diverse, Equitable and Inclusive for all

To learn more:



bereavedfamilies.net



info@bereavedfamilies.net

Ontario's leading grief support charity for over 40 years!