



Ketamine Assisted Psychotherapy

CLINICAL TRAINING FOR HEALTH CARE PROVIDERS

SOMETHING FOR EVERYONE

This course is offered online and in-person. Information is presented in multimodal format including didactic teaching, observational and experiential learning (role play) and group discussions. Teaching videos of actual patients during prep, dose and integration sessions are shown as learning tools for specific indications.



YOUR INSTRUCTOR

Dr. Dawn DeCunha, C. Psych.



PSYCHEDELIC PSYCHOLOGIST

- Clinical psychologist
- Many years of KAP trainings
- Psychedelic Researcher
- Psychedelic Psychotherapist
- CIIS Lead Mentor
- KAP Clinical Mentor
- Retreat Facilitator

ABOUT OUR TEAM

We are highly trained, multi-faceted psychedelic therapists, passionate about our work. We are dedicated to the utmost quality of care for our patients, with our core values of safety, trust, and integrity at the centre of everything we do. We strive to embody our values in all aspects of our work.



Ketamine Assisted Psychotherapy

LEARNING OBJECTIVES

PROGRAM DESCRIPTION

This course delves deep into practical applications of KAP. Participants will receive comprehensive training on the practical principles, practice and application of psychedelic psychotherapy. There is an emphasis on the importance of Safety, Set, Setting and Integration in preparing and supporting patients for KAP.

LEARN WITH US!

- Safely screen patients;
- Explain the KAP process;
- Provide basic education about how ketamine works on the brain;
- Take a brief clinical history;
- Teach and practice several 'expanded state' skills to manage potential distress;
- Learn how to develop a 'set' or intention for the journey;
- Manage expectations & disappointments ;

WHAT WE'LL TEACH YOU

- Prepare the patient for their ketamine journey;
- Learn how to safely conduct a journey;
- Assist patients through distressing moments during the dose session;
- Help integrate the experience;
- Role play specific scenarios;
- Specify therapist's own self-care routine
- The Applications of KAP as a Practitioner





Ketamine Assisted Psychotherapy

INTEGRATING PRINCIPLES OF PSYCHEDELIC PSYCHOTHERAPY INTO PRACTICE

WHY CHOOSE US?

At BTT, our dedicated mission is to reduce patient suffering by building trust, community and a groundbreaking therapeutic approach that empowers patients as experts in their own well-being. By combining mind expanding compounds and specialized psychedelic psychotherapy techniques, the outcomes can be exceptional.

ON LINE

Ours is a hybrid model created over time to maximize benefit for all and include All of Us!



IN PERSON

Our in person training takes place in Toronto where Our clinic is located. We welcome to our sanctuary out of town guests. For those unable to attend personally, we offer extra training online in small break out rooms for exposure to experiential training.

ELIGIBILITY

This training is appropriate for Psychologists, MD Psychotherapists, & other Regulated Professionals. All attendees must be in good standing with their respective Colleges and be eligible to provide professional services.



Ketamine Assisted Psychotherapy

HOW PSYCHEDELIC PSYCHOTHERAPY IS DIFFERENT FROM REGULAR THERAPY

LEARN AN ENTIRELY NEW PSYCHEDELIC SKILL SET

Our focus is on Preparing the patient to benefit from the Expanded State of Consciousness while under the influence by clearly articulating their Intention for the journey and then Integrating their experience and Insights into their ordinary Activities of Daily Living, and taking better Self Care.

ORDINARY STATES

Most attendees will be familiar with treating patients in ordinary states of consciousness with tools like CBT or EMDR or a number of modalities.

EXPANDED STATES

Learn how to teach your patients to navigate their way around nonordinary states of consciousness, deal with distress and change their experience from within by accessing their own inner wisdom.



SELF CARE - OUR SIGNATURE PROTOCOL

We are unique in the psychedelic space because we integrate the neuroscience of self care practices to facilitate and maintain personal change over time.



Ketamine Assisted Psychotherapy

GOING DEEPER INTO PSYCHEDELIC TRAINING

BY POPULAR DEMAND

We have found that individuals vary in their curiosity about KAP. Some want a basic, informed introduction (Level 1) to see if KAP could work in their practice. Others want to start offering KAP in their own clinics, or with us (Level 2). Others still want to dive in and offer KAP with a mentor to guide them.

LEVEL 1

This programme is for practitioners who want a realistic picture of what KAP entails as a practitioner, and whether they want to make that commitment.

LEVEL 2

This programme is for experienced practitioners that want to integrate KAP into their existing practices and add to their already sizeable tool box of treatments.



LEVEL 3- CLINICAL MENTORING

This programme is for those that have decided that psychedelic psychotherapy is definitely going to be part of their offerings and want to avoid the perils and pitfalls of this new way of practicing.



Ketamine Assisted Psychotherapy

NOT ELIGIBLE FOR KAP YET?
CONSIDER SITTER TRAINING

WE'VE GOT YOU COVERED!!

Due to popular demand, we have developed a non-clinical programme for Psychedelic Sitters. This programme is ideal for those interested in learning the principle of KAP, but are not regulated health care providers. Individuals such as First Responders and qualifying therapists are good candidates!

LEARN SAFE SITTING

WHAT WE'LL TEACH YOU

- Explain the KAP process;
- Provide basic education about how ketamine works on the brain;
- Learn about ketamine drug action & effects;
- Review safety protocols;
- learn how to manage potential distress;
- Learn how to prep a client before a journey;
- Confirm chaperone;
- Support a patient through their journey;
- Assist patients through distressing moments during the dose session;
- Help support the integration process;
- Role play specific scenarios;
- Identify potential red flags;
- Support with Self Care and Aftercare protocols;
- Learn Empathic and Active listening skills.



PLEASE NOTE

DATES FOR SITTER TRAINING WILL BE ANNOUNCED IN OCTOBER
JOIN THE WAIT LIST [HERE](#) TO STAY INFORMED!

Ketamine Assisted Therapy



WANT MORE DETAILS?

FREE SIGN UP

We are offering a Free Info Session for Curious Therapists on Tuesday October 15, 2024 from 12:00 – 1:00 PM ET

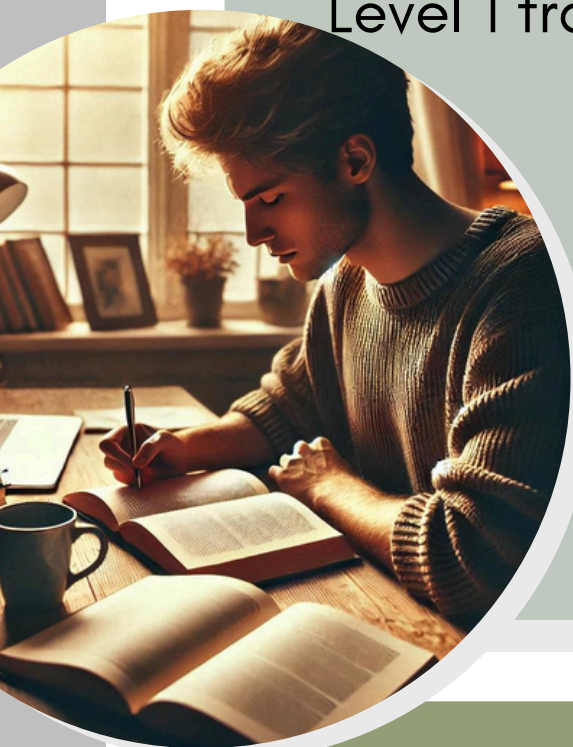
[CLICK HERE](#)



DEPTH OF TRAINING

Levels of Training

Level 1 training equips eligible therapists with the basic skills needed to get started.



GOING DEEPER

We offer three levels of training depending on how deep you want to go into psychedelic psychotherapy with a focus on Ketamine Assisted Psychotherapy

BY THE END

By the end of the training, participants will be able to apply these novel concepts to existing or new patients in their own practice.

You can also join us for further mentorship and experiential training at our clinic. Further training is available online, around the globe.

Ketamine Assisted Therapy



JUST THE FACTS...

SIGN UP

Complete our brief application to sign up for Level 1 and/or Level 2 Training!

[REGISTER HERE!](#)



LEVEL 1- ON LINE

Dates:

Friday, November 1 &
Saturday, November 2, 2024

Times:

Friday: 1:30 -4:30 PM ET
Saturday: 9:30 AM - 5:30 PM ET

Fees:

\$1500 CAD by October 18th
\$1800 CAD from October 19th

LEVEL 2- HYBRED

Dates:

Friday, December 13 & Saturday,
December 14, 2024

Times:

Friday: 1:30 -4:30 PM ET
Saturday: 9:30 AM - 5:30 PM ET

Fees:

\$2100 CAD by November 15th
\$2500 CAD from November 16th

Prerequisite: Level 1

MENTORING

Unlock the next level of expertise with our exclusive Mentoring Practicum tailored for graduates of our esteemed Breakthrough Training.

Building upon the strong foundation of our KAP curriculum, this advanced mentoring support (level 3) expands and deepens psychedelic training with case studies for PTSD, TRD, Anxiety and more. Get specific feedback as you hone your skills as a psychedelic psychotherapist.